

ALBERTA CAPC/CPNP COALITION

<http://www.capccpnpalberta.com/>

Provincial Zone Teleconference Meeting Agenda

Date: WEDNESDAY, January 24, 2018

Time: 1:00 – 2:00 p.m.

Teleconference number: 1 877 413 4781 Conference code: 4592446

Agenda Item

1. Introductions and Welcome

Present: Judilonne Beebe (Coalition Chairperson; Stettler – The Association of Communities Against Abuse); **Cheryl Stetsko Mayne** (Coalition Coordinator); **Statia Buckmaster, Silvana Moscardelli, Monica Vanderleest, Aparna Munshi, Cynthia Smith, PHAC; Aline Beaudoin** (St. Paul, Programme Franco-accueil); **Eloise Dickie** (Stettler, Connections, McMan Youth, Family's Community Services Assoc.) **Teri Harrison** (Coalition Board Member Pincher Creek/Crowsnest Pass Brighter Futures Project); **Joleen Bishop** (Coalition Board Member, WIN Program Edson Early Learning & Child Care Centre); **May Rostecki-Budzney** (Strathmore Growing Opportunities); **Deshay Watchlonga** (Edmonton Head Start E4C); **Grace DaCosta** (Calgary Louise Dean Centre); **Paulina Auger** (Wabasca Little People Project); **Kathryn Ford** (Lloydminster Child's Play Program Interval Home Society); **Frances Fisher** (Rocky Mountain House Baby Biz); **Rose Boersma** (Lethbridge South Region Parents as Teachers Society); **Lisa Barton & Corrine Nelson** (Calgary Families Matter). **Jane Berggren** (Coalition Board Member, Brighter Futures, Drayton Valley); **Tammy Lein, and Linda McNeil**, (Terra Centre for Teen Parents, Edmonton); **Karen Gabriel** (Program Coordinator interim, Babies Best Start & Enhanced Babies Program, Grande Prairie); **Michelle Tegtmeyer** (Coordinator Health For Two, Edmonton), **Lisa Baker** (Best Beginnings, Calgary); **Cynthia Anderson**, (Api-ti-tit Prenatal, Gift Lake Metis Settlement)

Regrets: Tina Clifton (Coalition Vice chair; Edson Early Learning & Child Care Centre); **Tiffany McRae** (Coalition Board Member; Stony Plain Alberta Parenting for the Future Assoc.); **Kristen Matier** (Camrose, TIPS Nutrition Program, Camrose Association for Community Living); **Wendy Auger** (Coalition Board Member; Calgary Mosaic Family Resource Centre); **Candice Henderson** (Coalition Board Member; Red Deer Family Services of Central Alberta); **Linda Lynch** (Fort McMurray Children's Centre & Food for Two)

2. Meeting Called to Order 1:08 p.m. by Judilonne Beebe

3. **Additions/Deletions to Agenda - Statia noted correction for Other Business, Kathy Lambert, Peace River was not with AHS. Motion by Terri to accept minutes with correction.**

4. Updates

a. PHAC Update

Staffing:

Aparna Munshi – Masters student from the School of Public Health, University of Alberta, will be working with PHAC until May. Aparna will be focusing on Phase 2 of the PHAC - Alberta Early Childhood Development scan, and will be updating a map of all CAPC/CPNP projects in Alberta. Her contact information is: aparnasanjeev.munshi@canada.ca

Current PHAC Staff:

Pam Amulaku, Manager, Public Health Programs Unit
Silvana Moscardelli, Senior Program Officer
Cynthia Smith, Senior Program Officer
Monica Vanderleest, Senior Program Officer
Statia Buckmaster, Senior Program Officer
Sandra Whiting, Senior Program Officer (term until end of March)
Staffing processes currently in place to backfill Serena Ewasiuk during her leave.

1) Reporting Reminders:

Performance Measurement –

- 1) Children’s Program Performance Measurement Tool (CPPMT) – an email will be sent out shortly providing an update on the CPPMT and Annual Monitoring report (AMR). CPPMT must be submitted by May 31, 2018.
- 2) Participant Surveys – surveys will be sent out in the fall and projects will have 1 month to complete.
- 3) Annual Monitoring Tool – Due April 30th.

Financial –

- 1) Notice of Underspending to be submitted by January 31, 2018
- 2) Cashflow Forecast and Record of Expenditure and General Ledger due January 31, 2018.

2) Project Monitoring check-ins will be scheduled over the next few weeks with your Senior Program Officer.

3) Projects to forward your consent email for the CAPC/CPNP National Directory to your Senior Program Officer if you haven’t already done so.

4) A reminder to please inform your Senior Program Officer of any changes to project staff. Please note this includes any frontline staff who are receiving weekly News and Information emails to ensure email lists are up to date.

b. Coalition Board Updates

Chair’s Report – Judilonne Beebe Nothing new to report

Coordinators Report- Cheryl Stetsko Mayne Work continues on Coalition Webpages for projects and AHS Maternal Health Working Groups.

Budget Report – Tiffany McRae (attached). Statia noted budget is for Alberta Parenting for The Future funds only; another budget exists for Capacity Building.

Program Visitation/Collaboration – Tiffany McRae. Funds still available for visits; would like to see visits completed by end of February.

Capacity Building - Diane Sopher (Current budget not provided; Diane indicated funds available, encouraged those who have previously applied to apply as needed too.)

Emergent Issues – Wendy Auger (Tabled)

Resource Development – Candice Henderson (Tabled)

CPNP Working Group – Wendy Auger, Candice Henderson, Cheryl Stetsko Mayne, Lisa Barton, Marie Weingartshofer, Statia Buckmaster/Silvana Moscardelli. Information circulated to CPNP Working Group on project background. Awaiting further info from AHS Working Groups.

c. Other Business:

Program Staff Update – Kari Hagen from Medicine Hat Best Babies and Building Blocks is

leaving and has taken a new position with AHS in Red Deer. Dee Zilke has moved to a new position with Ben Calf Robe; they had an interim replacement (Heather Day) and now William Belcourt is the new Program Manager. Kathy Lambert, Peace River has moved to a new position in Grande Prairie. Sarah Layzell remains as the Program Coordinator with Building Better Babies in Peace River.

AGM will be hosted via teleconference on March 21; 1:00 – 2:30 p.m.

Call for Board Members – Cheryl to provide list of outgoing Board Members.

Statia indicated that a working group will be formed to assist with Evaluating the work of the Coalition. Anyone interested in being involved please contact Cheryl or Statia.

d. Project Questions/Information Sharing

(Topic for discussion: Program Visitation and Collaboration Sharing)

Teri Harrison (Pincher Creek/Crowsnest Pass Brighter Futures Project) found that the Program Visitation was a very valuable experience and still keeps in touch with Edson and Drayton Valley following their visits together.

Jane Berggren, Drayton Valley Brighter Futures/Nutritious Beginnings Drayton Valley for Tara

Gorman. I was fortunate enough to take part in the job shadowing with Pincher Creek Crowns Nest Pass and Edson Brighter Futures Projects. This opportunity allowed me to see how different projects operated and to build relationships with Tina and Terri. I spent two days with Terri: one in Edson and one in Drayton Valley. We were able to provide each other with feedback on some of the challenges we face and discuss partnerships we have with other organizations and the demographics we serve. Our projects differ in many ways (for example: travel for program delivery, my project travels for all programs). I found it particularly interesting to see Edson project (and a little jealous) of how beautiful their location is; there were definitely some perks of having onsite programming. Each of our locations offers different programs however they all operate with the same “mandate”.

I was able to come back to my office with ideas for future programming that have been tested and successful. I gained a lot of knowledge from Tina because she has been involved in CAPC projects for many years. Terri and I have been able to share ideas and run things by each other, such as Lunch and Learn. The value from this, in my opinion, has made me a more confident project manager and I look forward connecting with them at our gatherings. I would not hesitate to go visit other projects and would highly recommend it. I found this experience to be as valuable as our coalition gatherings.

Linda McNeil (Manager, Community Services, Terra Centre for Teen Parents, Edmonton) stated their program went to visit Louise Dean Centre in Calgary. They were able to discuss their programs and working with special populations and fathers. They found it to be very beneficial for information sharing and building relationships between their projects.

Karen Gabriel (Program Coordinator interim, Babies Best Start & Enhanced Babies Program, Grande Prairie) is interested in visiting other programs with Dad’s groups – Terra, Edmonton; Louise Dean, Calgary and Families Matter, Calgary. Cheryl will connect with Karen to assist coordinating program visitation opportunities.

e. Upcoming Training Opportunities

Info from Monica's weekly news

Infant Mental Health online training

<http://www.imhpromotion.ca/TrainingEvents/IMHCommunityTraining.aspx>

Rose Boersma (Lethbridge South Region Parents as Teachers Society) stated they watched the Infant Mental Health sessions at a staff meeting. Found them to be very thorough and informative.

Cheryl noted a request was made by a project to continue the Infant Mental Health training through purchase of a group licence. PHAC had previously purchased the license; Stacia will check if this is being provided again. Cheryl will follow up with Diane about purchasing the license as needed.

Healthy Mothers and Healthy Babies (March 1-2, 2018) – Vancouver; Cheryl Stetsko Mayne and Lisa Baker will be attending.

<http://interprofessional.ubc.ca/initiatives/hmhb2018/>

http://interprofessional.ubc.ca/files/2018/01/HMHB2018_Brochure.pdf

f. Roundtable (as time permits)

Judilonne Beebe (The Association of Communities Against Abuse, Stettler). Has been working with Victim Services Advocates as well as ER and Second Year Nurses on Family Violence Awareness Training.

Aline Beaudoin (St. Paul, Programme Franco-accueil) Workshop from Dr. Temple Grandin on Autism in Bonneyville in March, 3 staff attending. Organizing annual Ages and Stages event at their facility; well attended by community and professionals.

Eloise Dickie (Stettler, Connections, McMan Youth, Family's Community Services Assoc.); Motivational interviewing training coming up.

May Rostecki-Budzney (Strathmore Growing Opportunities); FASD 101 one day training in Drumheller. Hosting post partum and adverse childhood experiences session with Honey Watts in May.

Deshay Watchlonga (Edmonton Head Start E4C); is exploring avenues for financial empowerment for project participants.

Michelle Teghtmeyer, (Coordinator Health For Two, Edmonton) – Has updated and reprinted Your Pregnancy prenatal book for clients. Please contact Michelle if you are interested in obtaining copies (approx. \$15-\$16/book; only a few pages specific to Edmonton therefore can be used by other projects)

Tammy Lien (Starting Point Worker, Terra Centre, Edmonton, taking over for Christina Welch) Is interested in a list of the programs that work with dads, so that they could connect with other agencies doing similar work.

Kathryn Ford (Lloydminster Child's Play Program Interval Home Society) Mother's Mental Health toolkit training hosted by a partnering agency and family literacy training. Institute of Child Psychology putting on Childhood Trauma workshop in March and Childhood Anxiety Helping Children Heal. Question – What are other parenting programs that have been well received? Other programs recommended in group setting or one on one: Jane Berggren, Brighter Futures, Drayton Valley suggested Active parenting (video based one on one or in a group). Triple P used by Parent Link (Edmonton Head Start use Triple P too); Babies Best Start Grande Prairie uses Traditional Parenting, Love and Logic, and 9 ways.

Jane Berggren (Brighter Futures, Drayton Valley) Two staff will be attending the Alberta College of Social Work Annual conference.

Grace DaCosta (Calgary Louise Dean Centre) will do Core Brain Story for professional development.

<http://www.albertafamilywellness.org/training>



Brain Story Certification » Alberta Family Wellness Initiative

www.albertafamilywellness.org

The AFWI Brain Story Certification will teach you how the brain develops, the neurobiology of addiction and the foundations for prevention and resilience.

Lisa Barton (Calgary Families Matter) – will attend Perinatal Symposium in May; support frontline staff who have moms and dads struggling with postpartum.

Lisa baker (Best Beginnings, Calgary) will attend Healthy Mother's, Healthy Babies in Vancouver and Lamaze Childbirth Educators Conference.

Rose Boersma (Lethbridge South Region Parents as Teachers Society); Staff are using Infant Mental Health Institute Training sessions. Mental Health First Aide training for staff as working with families that self report mental health and stress. Attending one day workshop Working with Children, Youth and Families with Complex Needs: 20 Skills to Build Resilience with Dr. Michael Ungar, Feb 27 in Lethbridge; (see attached poster).

Teri Harrison (Pincher Creek/Crowsnest Pass Brighter Futures Project) Staff attending developmental parenting and parent interactions AHVNA <https://www.ahvna.org/events/>

Frances Fisher (Rocky Mountain House Baby Biz) Women's Mental Health Day conference, Calgary <https://cumming.ucalgary.ca/cme/event/2017-05-12/womens-mental-health-day-conference>

5. **Next Meetings:** AGM Teleconference Wednesday, March 21, 1:00 – 2:30 , 2018

6. **Meeting Adjournment** Jane Berggren moved to adjourn at 1:58 p.m.