

# IMPACT

Alberta CAPC CPNP Coalition  
Collective Action and Effective  
Partnerships for Healthy Babies,  
Children and their Families

## CAPC CPNP Programs Enhance the Lives of Vulnerable Children and their Families

### AT A GLANCE

CAPC (Community Action Programs for Children) and CPNP (Canada Prenatal Nutrition Programs) deliver services to vulnerable children (0 – 6 years) and their families throughout Alberta. These long standing, well established, community based programs provide necessary supports to reduce unnecessary costs to the healthcare and social service systems. Investing in CAPC CPNP programs is important for the future of Alberta.

### The Situation

Poverty, limited education, unemployment, poor nutrition, domestic violence, and substance abuse have a negative impact on healthy child development. ([www.phac-aspc.gc.ca/about\\_apropos/evaluation/reports-rapports/2009-2010/capc-pace/overview-survol-eng.php](http://www.phac-aspc.gc.ca/about_apropos/evaluation/reports-rapports/2009-2010/capc-pace/overview-survol-eng.php)).

CAPC programs address health and developmental needs of children (0-6 yrs.) whose families require additional supports. This may include low income families, large families with more than three children under the age of six, lone or single parents, new immigrants, First Nations, Metis, Inuit families, families with substance abuse or domestic violence, children with developmental delays, behavioral problems, abused and neglected children, and families with children in remote and isolated communities.

CPNP helps vulnerable pregnant women stay healthy and have healthy babies by reducing the incidence of unhealthy birth weights and improving the health of both infant and mother. CPNP programs serve mothers living in poverty, pregnant teens, pregnant mothers in social or geographical isolation, new immigrants, mothers dealing with substance abuse, domestic violence and mothers having limited access to services.

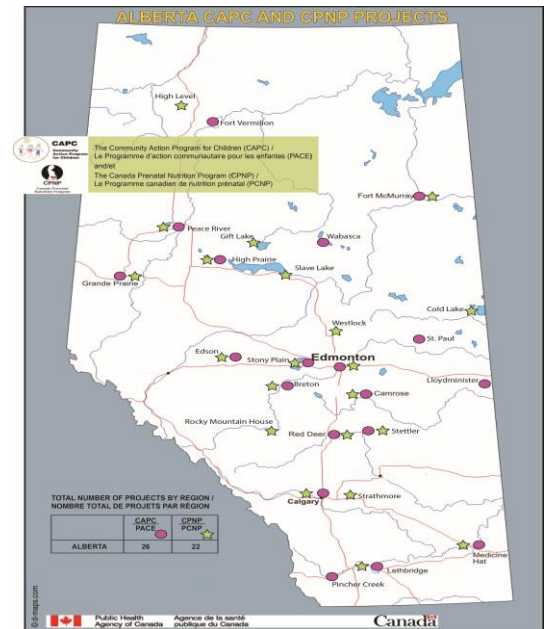


Figure 1. Location (\*) of CAPC CPNP Projects in Alberta

**27 CAPC and 23 CPNP Programs** are united through the Alberta CAPC CPNP Coalition to enhance professional development, networking and resource sharing. [www.capccpnpalberta.com](http://www.capccpnpalberta.com)

CAPC and CPNP programs promote creation of partnerships within communities and strengthen community capacity to increase support for vulnerable pregnant women, children and families. CAPC CPNP programs are accessible to everyone regardless of status, ethnic origin or religion.

**ALBERTA CAPC CPNP COALITION**  
*Real Help, Right Here, Right Now,  
When Families Need It Most*

## IMPACT Alberta CAPC CPNP Coalition

### Our Response

CAPC and CPNP projects have developed and implemented programs and established partnerships to address the challenges faced by vulnerable families with children.

#### CAPC CPNP Programs

- Prenatal nutrition and lifestyle advice
- Child development activities 0-6 years
- School readiness programs for pre-schoolers
- Outreach and home visitation
- Nutritional support and collective kitchens
- Cultural programs and celebrations
- Healthy physical activities
- Literacy development
- Community capacity building
- Domestic violence/substance abuse prevention
- Mother Child mental health
- Life skills training

#### CAPC CPNP Program Partners

- Children's Services/Government of Alberta
- Alberta Health Services
- Alberta Home Visitation Network Association
- Alberta Family Resource Networks
- FASD Network Societies
- Family and Community Support Services
- Early Childhood Development (ECD) Coalitions
- Injury Prevention Centres
- Safe Home
- Alberta Works
- Daycares and Elementary Schools

#### Program Outcomes (2017-18)

- CAPC programs in Alberta served 18,222 clients (10,022 parents/caregivers; 8,200 children 0-6yrs).
- CPNP programs in Alberta supported 7,152 prenatal and postnatal women.
- Projects support the cultural and language needs of communities and offer unique services. Projects specific to: Immigrant, Aboriginal, French speaking families, Teens parents, etc.

### Provincial Government Response Needed

Use existing CAPC CPNP Projects located in communities throughout Alberta to deliver prenatal, early childhood, and preschool programs instead of creating new initiatives.

#### Dedicate provincial funding to CAPC CPNP projects to better serve current and new Albertans.

These funds would reduce program wait lists, provide adequate funds to support required staff training to obtain Child Development Worker Certification requirements and provide financial support to supplement minimum wage for staff.

#### Investing in CAPC CPNP Projects is a wise investment for Alberta.

#### Board Members

**Rose Boersma**, CAPC CPNP Board Co-Chair, Early Childhood Health Opportunities (ECHO), South Region Parents as Teachers, Lethbridge

**Teri Harrison**, CAPC CPNP Board Co-Chair, Napi Friendship Association, Brighter Futures Project, Pincher Creek/Crowsnest Pass

**Brandy Berry**, CAPC CPNP Board Vice Chair, Healthy Families Healthy Futures – Prenatal Program, Westlock

**Crystal Nahaiwski**, CAPC CPNP Banker, Candora Society Edmonton, Community Action for Children, Edmonton

**Pamela Geddes**, CAPC CPNP Banker, Alberta Parenting for the Future, Brighter Futures Project, Stony Plain

**Al Farraj**, PHAC Representative

**Jane Berggren**, Brighter Futures Family Resource Society, Drayton Valley

**Lisa Barton**, Families Matter Society, Aboriginal & Multicultural Family Support Program, Calgary

**Cynthia Tonet**, Catholic Family Services, Early Parenthood & Infant Mental Health, Calgary

**Norman Wang**, Pee Kis Kwe Tan "Let's Talk" Society Community Action for Children, Wabasca

**Mouna Gasmi**, Centre D' Appui Calgary

#### FOR MORE INFORMATION

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