**ALBERTA CAPC/CPNP COALITION**

**Provincial Networking Zoom Meeting Minutes**

Date: **Jan 25, 2023** Time: **1:00 – 2:30pm**

***Attendees & Updates***

**Board Members (5)**

**Rose Boersma** Board Co-Chair (ECHO, Lethbridge)

**Amber Perkins** (Families Matter, Calgary)   
**Jen Sinclair** (Brighter Futures, Drayton Valley)

**Teri Harrison** PreviousBoard Co-Chair (Brighter Futures ,Pincher Creek/Crowsnest Pass)

**Mouna Gasmi** (Centre d'appui familial, Calgary)

**Regrets   
Claire Meiklejohn** (PHAC Senior Program Officer) / **Brandy Berry** Board Co- Chair (Healthy Families, Health Futures, Westlock) **/ Crystal Nahaiowski** Coalition Banker(Candora Society, Edmonton) / **Norman Wang** (“Pee Kis Kwe Tan” Let’s Talk Society / Little People Project, Wabasca) / **Pamela Geddes** Coalition Banker (APFA, Stony Plain)/ **Janelle Peterson** (Health For Two, Edmonton)

**Coalition Members & Guests (30)**

**Meaghan Cook** (Babies Best Start, Grande Prairie)

**Meenakshi Lamba** (Immigrant Services Calgary, Calgary)

**Candice D'Souza** (Immigrant Services Calgary, Calgary)

**Tina Smith** (Brighter Futures, Crowsnest Pass)

**Nicole Stafford** (Brighter Futures, Crowsnest Pass)

**Naal Sharkawi** (Association of High Prairie & District Children’s Resource Council, High Prairie)

**Angela Doerksen** (Nutritious Beginnings, Brighter Futures, Drayton Valley)

**Heather Goldsmith** (Nutritious Beginnings, Brighter Futures, Wetaskiwin)

**Souhila Loucif** (Immigrant Services Calgary, Calgary)

**Stacy Olstad** (Healthy Families, Camrose)

**Tanya Mccagherty** (Immigrant Services Calgary, Calgary)

**Maria Eljaik** (Immigrant Services Calgary, Calgary)

**Joleen Bishop** (Edson Friendship Centre, Edson)

**Debbie Gideon** (Edson Friendship Centre, Edson)

**Amanda Lyle** (Healthy Families, Camrose)

**Kari Manser** (ECHO, South Region Parents as Teachers, Lethbridge)

**Jill Clare** (APFA, Stony Plain)

**(780)963-0549** (APFA, Stony Plain)

**Olena Ustyuzhanina** (APFA, Stony Plain)

**Jenn Wallace** (Terra Centre, Edmonton)

**May Rostecki-Budzey** (Growing Opportunities, Strathmore)

**Chantal Paterson** (Bridges Family Programs, Medicine Hat)

**Joleen Bishop** (Edson Friendship Centre, Edson)

**Velvet Buhler** (Healthy Familes Healthy Futures, Westlock)

**Julia Schmidtke** (Red Deer Family Services, Red Deer)

**Carla Paul** (Coalition for Far Northwest Alberta Brighter Futures Society, Fort Vermilion)

**Tammy Gamracy** (Better Beginnings – CPNP,Lethbridge)

**Avneet Mangat** (PHAC, AB)

**Nicole Anthony** (PHAC, BC)

**Justina Verboom** (PHAC, AB)

**Erin Casey** (Coalition Coordinator)

**Guest**:  
**Tico Iron Shirt** (Lethbridge Family Services, Lethbridge)

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| **Agenda Items (Discussion & Decisions)** | **Action** |
| **Welcome and Land Acknowledgement** |  |
| **Meeting Called to order:** | 1:02pm |
| **Additions/Deletions to the agenda:** none  **Agenda Approved** | Meaghan Cook approved |
| **Approve the minutes from Nov 23, 2022**  **Minutes Approved** | Rose Boersma approved |
| **Coalition Updates**   1. **PHAC Update –** Nicole Anthony  * Financial reporting –   + Underspending declaration form due – please email your program officer whether your project is projecting to have, or not, have under-spent funds, either way.   + Estimates of carry forward amounts will need to be provided to program officers by March 1st. Get in touch with your program officer for more information on this. * Annual reports – Due April 30th – Will be an online survey * Renewal – BC is going through extension process right now to extend agreements to 2025. National office has begun the conversations on what the renewal is going to look like**. They want active engagement and feedback on these three pieces**:   + 1. Funding     2. Objectives     3. Activities   Reach out to the CAPC/CPNP National Leads network, as that network will be critical in the engagement so make sure they are well versed in what the positions are. National Office is trying to create a response or will be creating a response to the discussion paper, and they do have, I believe, one regional manager who sits sometimes on the network who attends some of those meetings. I just wanted to highlight that those are the important people that our folks who will be engaged with. If there are any others that you think need to be on that list for Alberta tell me tell Claire because we want to make sure that the renewal is done in the most appropriate, reasonable, responsible way. It's been 30 years, and I haven't been here that long, but I respect you so, so much for the work that you do daily.   * Mobilizing Public Health action on climate Change in Canada If you want to chat about the effects of climate change in public health in your communities, on your projects, if you want more info, we have specific resource or knowledge needs in the area, please let me or your program officer.  1. **Coalition Board Updates**   **Chair’s Report** – Rose Boersma (Board Co-chair)   * JMC letter – JMC: Pamela Malika is the lead “they've confirmed receipt of our letter and our interest in reconnecting so to build and strengthen our relationship with the committee, and we'll keep you up to date in that regard” * National Network of CAPC/CPNP Leads – Brandy and Rose represent Alberta at this grassroots collaborative   **Program Visitation/Collaboration Report –** Pamela Geddes  Tabled  **Capacity Building Report -** Crystal Nahaiowski  Tabled  **Coordinators Report –**Erin Casey  **Meetings**:   * Reproductive Health Nutrition Guidelines Updates   + All 3 Nutrition Guidelines are in the final stages of formatting and posting     1. NG: Nutrition for Lactation – A few reference errors caught by WG members have been corrected     2. NG: Pregnancy – Revised as per our September and October WG discussions for incorporating new Folic Acid & Vitamin D information and aligning MV supplementation messaging with the LEL products     3. NG: Pregnancy: Multiples – New Vitamin fortification information added, to algin with changes made in NG: Pregnancy.   + All 3 Reproductive Health Nutrition Guidelines updated for Inclusive Language   + All 3 Reproductive Health Nutrition Guidelines updated to include additional information on food and nutrition supplement information for Pregnancy or Lactation. See attached file for an overview of this content.   **Updates:**   * Drayton Valley Nutritious Beginnings - Heather Goldsmith is the new facilitator. * Immigrant Services Calgary – Tanya McCagherty will be working with Maria E. on the CPNP project.   **Upcoming Meetings –**  Feb 7 - CAPC/CPNP Board Mtg  Feb 14 – National Project Leads Mtg – Rose/ Brandy  Feb 16 - Reproductive Health Mtg   1. **Coalition Committee Reports**  * Communication – Teri Harrison   + - Survey **–** Committee met to review and edit survey. They will meet again on January 31 to do a second read through. Survey will be virtual this year (via google). Expect the survey to be distributed at the beginning of March. * Capacity Building – Crystal Nahaiowski   + - Tabled * Strategic Planning – Brandy Berry/ Rose Boersma   Review of the vision and mission and the strategic plan (posted on the website)   * Program Visitation Collab – Brandy Berry / Pamela Geddes   No report   1. [**Upcoming Training Opportunities**](https://www.capccpnpalberta.com/bulletinboard)   BCAPOP Spring Conference: Conference for perinatal professionals & peers, in Vancouver, May 9 – 10, 2023. [**Click here**](https://www.bcapop.ca/conference) to see the conference schedule, session descriptions and speaker bios! A copy of the conference program is also attached.   1. **Project Questions/Information Sharing**  * Resource inquiry for a measurement tool for vaping amounts  1. **Meeting adjournment:** 1:45pm –Rose Boersma | ACTION: ALL Engage actively with your project’s program officer as well as the network’s program officer to provide specific feedback (ie. wants, needs, suggestions, comments)  Action: Add to the next meeting’s agenda |
| **Mini Training 1:45pm – 2:30pm**  **Tico Iron Shirt | Lethbridge Family Services “Compassion Fatigue & Vicarious Trauma Awareness”**  This discussion acknowledges ‘the cost of caring’. Supporting individuals in staying healthy through; boundary setting, self-care, help-seeking and awareness of resources. | Slideshow attached |
| **Next Meetings (4th Wed of every second month) 1:00-2:30pm**  **Provincial Networking Coalition Zoom Meetings -**  March 22, 2023 1:00 – 2:30 pm  Mini-Training – TBD |  |