**ALBERTA CAPC/CPNP COALITION**

 **Provincial Networking Zoom Meeting Minutes**

Date: **Nov 23, 2022** Time: **1:00 – 2:30pm**

***Attendees & Updates***

**Board Members (5)**

**Rose Boersma** Board Co-Chair (ECHO, Lethbridge)

**Erin Casey** (Coalition Coordinator)

**Amber Perkins** (Families Matter, Calgary)
**Jen Sinclair** (Brighter Futures, Drayton Valley)

**Janelle Peterson** (Health For Two, Edmonton)

**Regrets
Claire Meiklejohn** (PHAC Senior Program Officer) / **Brandy Berry** Board Co- Chair (Healthy Families, Health Futures, Westlock) **/ Crystal Nahaiowski** Coalition Banker(Candora Society, Edmonton) / **Norman Wang** (“Pee Kis Kwe Tan” Let’s Talk Society / Little People Project, Wabasca) / **Pamela Geddes** Coalition Banker (APFA, Stony Plain)/ **Teri Harrison** PreviousBoard Co-Chair (Brighter Futures ,Pincher Creek/Crowsnest Pass) / **Mouna Gasmi** (Centre d'appui familial, Calgary)

**Coalition Members & Attendees (16)**

**Pauline Szucs** (Franco-accueil , St Paul)

**Tammy Gamracy** (Better Beginnings – CPNP,Lethbridge)

**Lisa de Laforest** (Growing Families, Drumheller)

**Deb Grasza** (Best Beginnings, Calgary)

**Debbie Gideon** (Edson Friendship Centre, Edson)

**Suzanne Moore** (Healthy Families, Camrose) **Aleisha Hockley** (Healthy Families, Camrose)

**Tracy Tylosky** (Healthy Families, Camrose)

**Stacy Olstad** (Healthy Families, Camrose) **Kourch Chan** (Edmonton Head Start, Edmonton)

**Angela Doerksen** (Nutritious Beginnings, Brighter Futures, Drayton Valley)

**Shawna McLay** (Brighter Futures, Drayton Valley)

**Chantal Paterson** (Bridges Family Programs, Medicine Hat)

**Meaghan Cook** (Babies Best Start, Grande Prairie)

**Linda Lynch** (Food for Two,Fort McMurray)

**Sarah Frank Nichols** (Guest Speaker, AHS, Edmonton)

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| **Agenda Items (Discussion & Decisions)** | **Action** |
| **Welcome and Land Acknowledgement** |  |
| **Meeting Called to order:**  | 1:03pm – Rose Boersma |
| **Additions/Deletions to the agenda:** none**Agenda Approved** | Rose motioned. All approve. Carried. |
| **Approve the minutes from September 28, 2022****Minutes Approved** | Meaghan motioned. All approve. Carried. |
| **Coalition Updates**1. **PHAC Update – Claire Meiklejohn via Erin**

New Officer to replace Al and Aparna. Claire couldn’t join us today but will our PHAC representative moving forward.JMC letter has been received. It will be shared with other JMC members and they will respond back.1. **Coalition Board Updates**

**Chair’s Report** – Rose Boersma (Board Co-chair) * JMC letter – Letter intended to re-establish the partnership with the JMC and to get some of their insights on the most recent PHAC evaluation (2021). Letter has been sent and received. Waiting to hear back.
* Thank you to everyone who joined and participated at the conference this year. Thank you to Pamela and the APFA staff for hosting this year. It was an excellent networking event and they did an amazing job.
* Membership
	+ - * + Updated Board of Directors list
				+ Vice-Chair: Jen Sinclair
				+ Committee Membership list (Refer to Committee List)
* The board reviewed and updated the Terms of Reference and the Committee’s Terms of Reference. Documents have been emailed to the network and have been posted on website to access.

**Program Visitation/Collaboration Report –** Pamela Geddes**Capacity Building Report -** Crystal Nahaiowski[Funding available for capacity building](https://www.capccpnpalberta.com/capacitybuilding.html)- Apply now**Coordinators Report –**Erin Casey Meetings: * Nutrition Services Reproductive Health Working Group:
* [Indigenous Perspectives: Breastfeeding Culture in Alberta Tickets, Fri, 2 Dec 2022 at 8:45 AM | Eventbrite](https://www.eventbrite.com/e/indigenous-perspectives-breastfeeding-culture-in-alberta-tickets-427705166667)
* The Variations & Challenges for the Breastfeeding Parent draft module content is now available for broad review. This module is one of several modules in the 20-hour breastfeeding course that will be available through the Continuing Medical Education portal of the University of Calgary.
* Maternal LEL Update
* Multivitamin Product in pilot phase
* Conference Committee Meeting
	+ 45 people registered, 60 people attended (including speakers, guests, and facility staff)
	+ Survey results 33 replies
	+ Board lead- Crystal
	+ Next year’s conference date is TBD. Brandy & Rose to discuss with AHVNA first

Training Opportunities:* [Families Canada](https://www.eventbrite.ca/o/families-canada-familles-canada-32379169637)
	+ TVIA for Financial Literacy Education
* [Community Links](https://drive.google.com/file/d/17eJ831n2r5kEfriw05bzohdEtKO785q6/view?usp=share_link)
* [Board Leadership Calgary](https://www.eventbrite.ca/o/board-leadership-calgary-5993064835)
* [Imagine Institute](https://www.imagineinstitute.ca/bookings)
* AMH Caregiver Education Sessions
	+ [Virtual sessions on Livestream](https://livestream.com/accounts/3923053/events/8457082)
	+ [Caregiver Series](https://www.cyfcaregivereducation.ca/virtual-education/caregiver-series-registration)

Contact Updates: * Jen Sinclair (Brighter Futures Family Resource Society, Drayton Valley)
* Amber Perkins (Families Matter, Calgary)
* Carolyn Campbell (Best Beginning)

Current Tasks:* Committee meetings
* Total Emails: 240 (since July)
* Website updates
	+ Website traffic: Since last year, page views have increased 2691%, Unique visits has increased by 2026%
	+ [Conference Landing page](https://www.capccpnpalberta.com/conference.html)
	+ New Resources I’ll be adding to the website:[Discussion Paper – Stepped Care in Perinatal Mental Health](https://static1.squarespace.com/static/6066018f0a348b6370c790fe/t/6352b6d9c66d13325ff9852b/1666365149116/DiscussionPaper-SteppedCareInPMH.pdf)
1. **Coalition Committee Reports**
* Communication – Teri Harrison via Erin
	+ - Updated Quick Reference Sheet and all Conference session handouts <https://www.capccpnpalberta.com/conference.html>
		- **Next meeting is December 15th. Items being discussed will be Communication Plan and Survey.**
* Capacity Building – Crystal Nahaiowski via Erin
	+ - Met last month to wrap-up conference. Reviewed survey responses (33 responses).
		- Next meeting will be in Dec. Items to be discussed Mini-Training speakers for Jan & March.
* Strategic Planning – Brandy Berry/ Rose Boersma

No report* Program Visitation Collab – Brandy Berry / Pamela Geddes

No report1. [**Upcoming Training Opportunities**](https://www.capccpnpalberta.com/bulletinboard)
* [CPNP 101 TRAINING SERIES - FNTN](https://fntn.ca/Series/Canada-Prenatal-Nutrition-Program-CPNP-101)
* [Pediatric Rehabilitation Webinars](https://myhealth.alberta.ca/pediatric-rehabilitation/webinars)
* [AHVNA Virtual Trainings](Trainings/Upcoming%20Training.docx) (DSP, ASQ, MI (L1), NP, Creating a Culturally Safe program)
* [**Family Literacy Fundamentals Sessions 1 & 2**](https://can01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.eventbrite.ca%2Fe%2Ffamily-literacy-fundamentals-sessions-1-and-2-tickets-460356226867&data=05%7C01%7Cinfo%40ahvna.org%7Cd785c7217ad74673cb9008dabfa405ec%7C3faa03a8c168499aa6c3a04b99612ab8%7C0%7C0%7C638033008442002811%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=OBUniZkgFdK76zl5OJaK2FU3YAvWwqNfFwa2RgiiDWw%3D&reserved=0)

*(FLF Sessions 1&2 are prerequisites for all other Family Literacy Facilitator Certificate Models)*Tue Nov 29th & Thur Dec 1st- 9:30am to 12:30pm* [**Rhymes that Bind Facilitator Training**](https://can01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.eventbrite.ca%2Fe%2Frhymes-that-bind-facilitator-training-tickets-460373799427&data=05%7C01%7Cinfo%40ahvna.org%7Cd785c7217ad74673cb9008dabfa405ec%7C3faa03a8c168499aa6c3a04b99612ab8%7C0%7C0%7C638033008442002811%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=WkcGVTrSKuZem7M1sAtfSq2bZPsPIKZmWG7VwZqe7iM%3D&reserved=0)

Tuesday December 6- 9:30am to 12:30pm * [**Books for Babies Facilitator Training**](https://can01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.eventbrite.ca%2Fe%2Fbooks-for-babies-facilitator-training-tickets-460375644947%23search&data=05%7C01%7Cinfo%40ahvna.org%7Cd785c7217ad74673cb9008dabfa405ec%7C3faa03a8c168499aa6c3a04b99612ab8%7C0%7C0%7C638033008442159037%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=Egq13O4UEO4q0UR2XM7ktmEoX1UjOmOwZlLiCK64Ey8%3D&reserved=0)

Thursday December 8- 9:30am to 12:30pm* [**Storysacks Facilitator Training**](https://can01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.eventbrite.ca%2Fe%2Fstorysacks-facilitator-training-tickets-460377701097&data=05%7C01%7Cinfo%40ahvna.org%7Cd785c7217ad74673cb9008dabfa405ec%7C3faa03a8c168499aa6c3a04b99612ab8%7C0%7C0%7C638033008442159037%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=JjVCgmU45rOngI3vQwdA0wFpTSZalZdMLYK6cIiboZM%3D&reserved=0)

Tuesday December 13- 9:30am to 12:30pm * [**Books Offer Our Kids Success Facilitator Training**](https://can01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.eventbrite.ca%2Fe%2Fbooks-offer-our-kids-success-facilitator-training-tickets-460382926727&data=05%7C01%7Cinfo%40ahvna.org%7Cd785c7217ad74673cb9008dabfa405ec%7C3faa03a8c168499aa6c3a04b99612ab8%7C0%7C0%7C638033008442159037%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=%2FTJyNu84Q9ps2b%2FD1ZCWa2bq8lrGBRxBkZfUYrpAdNA%3D&reserved=0)

Thursday December 15- 9:30am to 12:30pm1. **Project Questions/Information Sharing**
* Rose Boersma:[Distracted parenting: phones as both a support and hindrance to parenting and potential impacts on children from the Saskatchewan Prevention Institute](https://skprevention.ca/event/distracted-parenting-phones-as-both-a-support-and-hindrance-to-parenting-and-potential-impacts-on-children/), previously hosted October 25th, 2022 and available via their YouTube channel until Dec 1, 2022. This session will explore what phone use means for parenting and early child development. During this presentation, Dr. Brandon McDaniel (presenter) will talk about parents’ experiences with and feelings about their phones. He will present actionable strategies for avoiding the potential pitfalls of phone overuse, while maintaining happier family and parent-child relationships.
1. **Roundtable**
* Rose Boersma

Home Visitors have found an increase in families with concerns of their child(ren) being on the autistic spectrum and looking for resources for supports.[www.autismalberta.ca](http://www.autismalberta.ca)<https://autismalberta.ca/family-resource-centres>Make Play R.O.C.K.[Books from Hanen Centre to support children with delays](http://www.hanen.org/Guidebooks/Parents/Make-Play-ROCK-Booklet-Series.aspx)* Pauline SzucsLooking for ADHD resources – specifically bi-lingual/ Francophone resources
* [Community Education Services](https://community.hmhc.ca/) (Deb)
* Francophone Diversity Liaison in the community (AHS)https://diversitycalgary.ca/
* [The Estelle Siebens Community Services centre](https://www.foothillsacademy.org/community)  assists individuals of all ages with Learning Disabilities and/or ADHD in the Calgary community and well beyond. We are open year-round and have a wide-range of in-person and online, financially accessible services and programs.
* [Learning Disabilities & ADHD Network](https://ldadhdnetwork.ca/) (Erin)
* [CYF Caregiver Education - ADHD session](https://www.cyfcaregivereducation.ca/saved-drafts/caregiver-education/adhd) (Rose)
* [Family Connection Centre - Adhd workshop](https://www.eventbrite.ca/cc/adhd-workshops-and-support-1418269) (Erin)
* [CADDAC - ADHD Awareness Centre - French](https://caddac.ca/fr/) (Erin)
* [ADDitude Magazine](https://www.additudemag.com/) (Janelle)
* [Institute of Child Psychology](https://instituteofchildpsychology.com/product/childhood-adhd-online/) (Janelle)
1. **Meeting adjournment:** 1:45pm –Rose Boersma
 | TabledTabledALL: ACTION: Please forward to me any ideas or suggestions for upcoming mini trainings |
| **Mini Training 1:45pm – 2:30pm** **Sarah Frank Nichols, MPH, RD | Public Health Nutrition Provincial Lead | Alberta Health Services**Learn how to use Food Safety Conversation Cards, a new resource developed by AHS Registered Dietitians that can support tailored food safety conversations during pregnancy. Food Safety Conversation Cards are part of a suite of pictorial products for pregnant clients. | Recorded & Posted |
|  **Next Meetings (4th Wed of every second month) 1:00-2:30pm** **Provincial Networking Coalition Zoom Meetings -**  Jan 25, 2023 1:00 – 2:30 pmMini-Training – TBD |  |