**Resources added to the website:**

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| [Toy Related Injuries](https://health-infobase.canada.ca/data-blog/toy-injuries.html): While toys provide entertainment and fun, they can also cause or contribute to injuries, some serious, among children and youth.   * + For more information on toy safety, please visit [Toy safety tips - Canada.ca](https://www.canada.ca/en/health-canada/services/toy-safety/toy-safety-tips.html), [Is Your Child Safe? Play Time](https://www.canada.ca/en/health-canada/services/consumer-product-safety/reports-publications/consumer-education/your-child-safe/play-time.html)   + For more information on magnet safety, visit [Magnet safety - Canada.ca](https://www.canada.ca/en/health-canada/services/toy-safety/magnets.html)   + For more battery safety tips, visit [Battery safety - Canada.ca](https://www.canada.ca/en/health-canada/services/toy-safety/battery-safety.html)   + For the latest recalls on toys and other products, check [Find recalls, advisories and safety alerts - Canada.ca](https://recalls-rappels.canada.ca/en) | | |
| [Confidence Project – Health Nexus & McMaster University](http://www.confidenceproject.ca) Supporting Canadians’ vaccine confidence and uptake, as well as addressing barriers to accessing vaccination, requires diverse strategies and targeted interventions. There is no “one size fits all” solution, and a multifaceted approach is crucial for reaching all Canadians, and particularly Canadians who historically have been underserved and whose health negatively impacted by a range of social determinants of health. | | |
| [Community Development Unit Learning Centre & Webinars - GoA](https://www.alberta.ca/non-profit-learning-webinars.aspx) We are back with a great lineup of live free webinars in the areas of non-profit board development, governance, grant writing, and many more:   * Grant Writing 101 * Board Development Program * Understanding Your Legal Landscape * Board Roles and Responsibilities * Legal Responsibilities * Risk Management * Financial Responsibilities * Organizational Purpose and Planning * Committees and Meetings * Building Strong Teams and Effective Relationships * The Role of the Board Chair * The Role of the Board Treasurer * The Role of the Board Secretary * Cybersecurity: What's the Board's Role?   To see general information about our webinars, please visit https://www.alberta.ca/non-profit-learning-webinars.aspx | | |
| [Building Brains](http://www.buildingbrains.ca/) Free online Brain Architecture course, BBT curriculum games, indigenous culture and curriculum resources from | | |
| [Discussion Paper – Stepped Care in Perinatal Mental Health](https://static1.squarespace.com/static/6066018f0a348b6370c790fe/t/6352b6d9c66d13325ff9852b/1666365149116/DiscussionPaper-SteppedCareInPMH.pdf)  On July 22, 2022, the Daymark Foundation worked with Stepped Care Solutions to convene an initial group of 18 stakeholders for a discussion on how to optimize and operationalize a stepped care approach in the perinatal mental health context. These participants (see Appendix A for full list) each provided a unique perspective on perinatal health and related issues. |

**Resources shared from network members:**

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| [Distracted parenting: phones as both a support and hindrance to parenting and potential impacts on children from the Saskatchewan Prevention Institute](https://skprevention.ca/event/distracted-parenting-phones-as-both-a-support-and-hindrance-to-parenting-and-potential-impacts-on-children/), previously hosted October 25th, 2022 and available via their YouTube channel until Dec 1, 2022. This session will explore what phone use means for parenting and early child development. During this presentation, Dr. Brandon McDaniel (presenter) will talk about parents’ experiences with and feelings about their phones. He will present actionable strategies for avoiding the potential pitfalls of phone overuse, while maintaining happier family and parent-child relationships.  [Journal article found here](https://onlinelibrary.wiley.com/doi/epdf/10.1002/hbe2.139) |
| Home Visitors have found an increase in families with concerns of their child(ren) being on the autistic spectrum and looking for resources for supports.  [www.autismalberta.ca](http://www.autismalberta.ca) <https://autismalberta.ca/family-resource-centres>  Make Play R.O.C.K .[Books from Hanen Centre to support children with delays](http://www.hanen.org/Guidebooks/Parents/Make-Play-ROCK-Booklet-Series.aspx)  Looking for ADHD resources – specifically bi-lingual/ Francophone resources   * [Community Education Services](https://community.hmhc.ca/) * Francophone Diversity Liaison in the community (AHS) https://diversitycalgary.ca/ * [The Estelle Siebens Community Services centre](https://www.foothillsacademy.org/community)  assists individuals of all ages with Learning Disabilities and/or ADHD in the Calgary community and well beyond. We are open year-round and have a wide-range of in-person and online, financially accessible services and programs. * [Learning Disabilities & ADHD Network](https://ldadhdnetwork.ca/) * [CYF Caregiver Education - ADHD session](https://www.cyfcaregivereducation.ca/saved-drafts/caregiver-education/adhd) * [Family Connection Centre - Adhd workshop](https://www.eventbrite.ca/cc/adhd-workshops-and-support-1418269) * [CADDAC - ADHD Awareness Centre - French](https://caddac.ca/fr/) * [ADDitude Magazine](https://www.additudemag.com/) * [Institute of Child Psychology](https://instituteofchildpsychology.com/product/childhood-adhd-online/) |

**Information sent to Coalition Coordinator:**

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| |  | | --- | | Imagine Canada | | Department of Finance launches its pre-budget consultation   The Government has launched its own pre-budget consultation, which is in addition to the House of Commons Finance Commitee’s consultation that took place this Fall. Luckily, it’s easy to participate - simply submit the same brief you submitted to the previous consultation or take their simple [questionnaire](https://imaginecanada.us1.list-manage.com/track/click?u=005f6731841412b698044ce64&id=ffa16fc6e8&e=a0ec34b8a2), which allows you to indicate that supporting charities and non-profit organizations is one of your top priorities for Budget 2023.  [ADD YOUR VOICE >](https://imaginecanada.us1.list-manage.com/track/click?u=005f6731841412b698044ce64&id=f5fd3dbebf&e=a0ec34b8a2) | |
| Canada Dental Benefit  Applications have opened for the new interim [Canada Dental Benefit](https://imaginecanada.us1.list-manage.com/track/click?u=005f6731841412b698044ce64&id=444aff9247&e=a0ec34b8a2). This benefit will support families with children under 12 who don’t have private dental insurance. |

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| Hanen Centre Newsletter |
| [**Can Children on the Autism Spectrum Learn Two Languages?**](https://elink.clickdimensions.)  Many parents of children on the autism spectrum ask about the best way to help their child learn two languages, and whether a second language will help or hinder their child’s development.  Here’s the latest research for you to share with families. |
| [**Building Print Knowledge with *Snuggle Puppy!***](https://elink.clickdimensions.)  Come along for the fun as we look at the adorable children’s book, *Snuggle Puppy!*, and talk about how parents and educators can use it to build children’s print knowledge – an essential skill for school readiness. |

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| The Confidence Project / Health Nexus |
| **The Confidence Project seeks breast/chest feeding, pregnant people, planning to be or new parents to respond anonymously to a survey on the COVID-19 vaccine, before and during pregnancy or while nursing a baby. To respond to the survey in English, French, Tamil, Hindi, Gujarati, Punjabi and Arabic, click** [**Take the Survey**](https://healthnexus.us20.list-manage.com/track/click?u=0aab3fe40dbb17bd8c778d73b&id=b0644ad303&e=b9f8560c2d)  **To respond to the survey in Cree and Inukitut, click** [**Take the Survey**](https://healthnexus.us20.list-manage.com/track/click?u=0aab3fe40dbb17bd8c778d73b&id=d2ab7c6f47&e=b9f8560c2d) |

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| Families Canada |
| **Inuit Superhero Storybook Series** The Inuit Superhero Storybook series follows the stories of Inuit superheroes in English, French, and Inuktitut to engage children and adults in science-based information for children’s healthy nutrition and physical activity. [**View the Series!**](https://familiescanada.us15.list-manage.com/track/click?u=6831b71a588234cc9ab12bd93&id=afd1e183d3&e=82fcc88f92) |

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| Abbottsfield YouthProject (free download) |
| [AYP's 2022 Cookbook](https://drive.google.com/file/d/13Zj66p57HsWNny7Qd_5DwTbbU5G2NXYo/view?usp=share_link) We hope you had a wonderful holiday season! We created a cookbook of the recipes that are included in our newsletters from 2022 and the recipes that our Healthy Heroes program has made so far, as well. We hope you enjoy it! All the best and Happy New Year, AYP Staff |

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| Child Welfare Information Gateway |
| * [Tip-Sheet on Responding to Youth and Young Adult Mental Health Needs](https://cwlibrary.childwelfare.gov/discovery/delivery/01CWIG_INST:01CWIG/1219064650007651?utm_campaign=nfcm23&utm_medium=email&utm_source=theme011723) Guides child welfare and related professionals with tools to use when responding to the mental health and wellness needs of youth and young adults in foster care. * [National Guidelines for Child and Youth Behavioral Health Crisis Care](https://store.samhsa.gov/product/national-guidelines-child-and-youth-behavioral-health-crisis-care/pep22-01-02-001?referer=from_search_result) The National Guidelines for Child and Youth Behavioral Health Crisis Care offers best practices, implementation strategies, and practical guidance for the design and development of services that meet the needs of children, youth, and their families experiencing a behavioral health crisis. Additional technical guidance is provided in a companion report produced by SAMHSA in conjunction with the National Association of State Mental Health Program Directors, A Safe Place to Be: Crisis Stabilization Services and Other Supports for Children and Youth * ["Let’s Talk About It: Supporting Grandfamilies’ Mental Health and Emotional Well-Being" [Webinar]](https://www.gu.org/resources/grandfamilies-mental-health-and-emotional-well-being-webinar/?utm_campaign=nfcm23&utm_medium=email&utm_source=theme011723) Identifies the impact of social isolations had on grandparents mental and emotional health during the COVID-19 pandemic. |